

Project ECHO – SC Pregnancy Wellness SCDHHS Post Partum Policy Updates

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Source:
https://www.freepik.com/free-vector/mother-lifting-baby-characters-card_27271867.htm#query=postpartum&position=27&from_view=keyword&track=sph">Image by gstudioimagen1 on Freepik

Medicaid Annual Reviews

Don't risk losing your family's
Healthy Connections Medicaid!



If you're a Healthy Connections Medicaid member, go **online** to:

- Update your **contact info**
- Check your annual eligibility **review status**
- **Submit your review** when it's time to renew



SCAN ME

apply.scdhhs.gov

No se arriesgue a perder la cobertura de
¡Healthy Connections Medicaid
de su familia!



Si es miembro de Healthy Connections Medicaid, vaya en **línea** a:

- Actualice su **datos de contacto**
- **Revise el estado** de su revisión anual de elegibilidad
- **Someta su revisión** cuando llegue el momento de renovar



SCAN ME

apply.scdhhs.gov

For more information:

[www.scdhhs.gov/
annualreviews](https://www.scdhhs.gov/annualreviews)

Submit your review, when it's time to renew.

Eligibility When Pregnant

If you **already have** Medicaid and become pregnant:

No application is needed to transfer to the pregnancy benefit which offers more services. Please contact your managed care organization's (MCO's) member contact center to inform them you are pregnant.

If you **qualify for Medicaid because you are pregnant:**

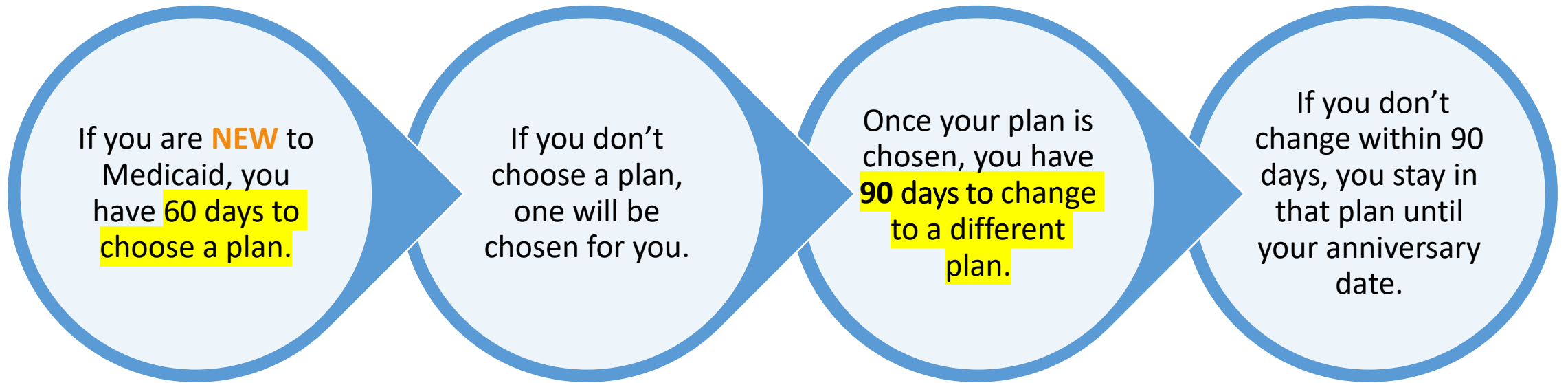
- You will receive a letter stating you have Medicaid and need to choose an MCO.
- The sooner you choose an MCO, the easier it is to coordinate your care.
- How to choose an MCO is in your entry packet and is also available online: <https://www.scchoices.com/Member/MemberHome.aspx>.

South Carolina Medicaid Pregnancy Benefits Highlights

- The pregnancy benefit is an **UNBUNDLE CARE MODEL**. Submit charges as you go.
- A large number of pregnant women in South Carolina are Medicaid members **before** becoming pregnant. Please communicate this to office staff.
- The pregnancy benefit has **no visit limit**.
- **Only one (1) Golden Ticket Postpartum Care visit CPT 59430 can be used per pregnancy.**
- No co-pays during the prenatal or 12–months postpartum periods.
- All pregnancies do not end with a delivery. The 12-month postpartum period begins at the end of confinement.
- There are two policy allowances to charge for an initial pregnancy visit: Value added
 - Use a New Visit E/M + Pregnancy ICD.
 - Use appropriate E/M to qualify charges via complexity of visit.

Questions?

Choosing Your MCO Plan



All managed care plans provide the same core Medicaid benefits. However, each plan has specific enrolled providers and specific enhanced benefits.

- Check with your doctor to find out which MCO plans his/her practice accepts.
- Choose the MCO plan that best meets your needs.





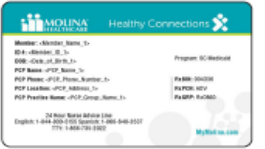
New to Medicaid? It is Time to Choose a Plan.

Once you have your Medicaid eligibility:

- You will need to **choose a MCO plan.**
- There are five MCO plans to choose from.
- Choose the one that is right for you.

For more information:

<https://www.scdhhs.gov/resources/health-managed-care-plans/managed-care-organizations-mco/managed-care-health-plan-contact>

Plan Name	Absolute Total Care	First Choice by Select Health of SC	Healthy Blue by BlueChoice of SC	Humana Healthy Horizons™ in South Carolina	Molina Healthcare of SC
					
Counties Served	All counties in South Carolina served	All counties in South Carolina served	All counties in South Carolina served	All Counties in South Carolina served	All counties in South Carolina served
Member Number	1-866-433-6041	1-888-276-2020	1-866-781-5004	1-866-432-0001	1-855-882-3901
Website	www.absolutetotalcare.com	www.selecthealthofsc.com	www.HealthyBlueSC.com	www.Humana.com/HealthySouthCarolina	www.molinahealthcare.com

Two Medicaid Cards

You will have two Medicaid cards.

- Members receive a Healthy Connections Card once eligibility is confirmed.



- Members receive a MCO card once enrolled in an MCO.



Take both cards to appointments, the pharmacy and when scheduling transportation.

Some Additional Benefits MCOs Provide

	Absolute Total Care	First Choice by Select Health of South Carolina	Healthy Blue by BlueChoice of SC	Humana Healthy Horizons™ in South Carolina	Molina Healthcare of South Carolina
Phone Number	1-866-433-6041	1-888-276-2020	1-800-574-8864	1-866-432-0001	1-855-882-3901
Website	www.AbsoluteTotalCare.com	www.SelectHealthofSC.com	www.HealthyBlueSC.com	Humana.com/HealthySouthCarolina	www.MolinaHealthcare.com
Behavioral Health Services			<ul style="list-style-type: none"> Learn to Live app for online therapy & support 		
Cellular Services	<ul style="list-style-type: none"> Free cell phone with monthly minutes, unlimited texts 	<ul style="list-style-type: none"> Free cell phone with monthly data and unlimited texts 	<ul style="list-style-type: none"> Free cell phone with monthly minutes, data and texts 	<ul style="list-style-type: none"> Free cell phone with monthly minutes, data and texts 	<ul style="list-style-type: none"> Free cell phone with monthly minutes, data and texts
Food Assistance		<ul style="list-style-type: none"> Free home-delivered fresh produce boxes or meal kits for qualifying members 	<ul style="list-style-type: none"> Free home-delivered meals for qualifying members 	<ul style="list-style-type: none"> Free home-delivered meals for qualifying Members 	<ul style="list-style-type: none"> Mom's Meals for qualifying moms Thanksgiving events with food distribution
			<ul style="list-style-type: none"> Free fresh fruits and vegetables to qualifying members 	<ul style="list-style-type: none"> Free Baby and Me Meals for qualifying members 	
				<ul style="list-style-type: none"> Free fresh fruits and vegetables to qualifying members 	
Housing Assistance	<ul style="list-style-type: none"> Housing assistance coordinator 	<ul style="list-style-type: none"> FindHelp.org resource 	<ul style="list-style-type: none"> Community Resource Link 	<ul style="list-style-type: none"> Assistance with services such as rent, mortgage utilities and moving expenses for qualifying members 	<ul style="list-style-type: none"> Community connectors to assist with housing needs/resources
Over-the-Counter (OTC) Benefit	<ul style="list-style-type: none"> Free OTC benefit for eligible items 	<ul style="list-style-type: none"> Free OTC benefit for eligible items Free weather emergency kits/first aid supplies 	<ul style="list-style-type: none"> Free qualifying OTC drugs with prescription 	<ul style="list-style-type: none"> Free OTC benefit for eligible items 	
Prenatal/ Postpartum Services	<ul style="list-style-type: none"> Free electric breast pump 	<ul style="list-style-type: none"> Free electric breast pump 	<ul style="list-style-type: none"> Free electric breast pump 	<ul style="list-style-type: none"> Free electric breast pump 	<ul style="list-style-type: none"> Free electric breast pump
Smoking Cessation	<ul style="list-style-type: none"> Free smoking cessation counseling and medications 	<ul style="list-style-type: none"> Free smoking counseling and medications 	<ul style="list-style-type: none"> Free smoking counseling and medications 	<ul style="list-style-type: none"> Free smoking counseling and medications 	<ul style="list-style-type: none"> Free smoking cessation counseling and medications
Vision Services		<ul style="list-style-type: none"> Free adult vision, eye exams & glasses every two (2) years 	<ul style="list-style-type: none"> Free adult vision, eye exams & glasses every 2 years 	<ul style="list-style-type: none"> Free adult vision, eye exams & glasses or contacts every two (2) years 	<ul style="list-style-type: none"> Free adult vision, eye exams & glasses every two (2) years
Waived Copayments	<ul style="list-style-type: none"> No copays for adults aged 21 and older for physician office visits 	<ul style="list-style-type: none"> No copays for flu shots 		<ul style="list-style-type: none"> No copays for medical and behavioral health visits for adults aged 19 and older 	<ul style="list-style-type: none"> No copays for adults aged 21 and older for physician office visits
Weight Management	<ul style="list-style-type: none"> Free weight management program 		<ul style="list-style-type: none"> Jenny Craig 	<ul style="list-style-type: none"> Free weight management program 	<ul style="list-style-type: none"> Free weight management program

Absolute Total Care Enhanced Pregnancy and Postpartum Benefits

MyHealthPays[®] Rewards can be used to help pay for:

- Utilities
- Transportation
- Cell phone
- Childcare Services
- Education
- Rent
- Everyday items at Walmart[®] (excluding alcohol, tobacco and firearms)
- \$50 Prenatal care visit: Complete a prenatal visit during the first trimester or within 42 days of enrollment.
- \$50 Postpartum visit: Attend one postpartum visit 7-84 days after delivery.
- \$20 Infant well-visit: recommended within the 1st, 2nd, 4th, 6th, 9th, 12th, 15th, 18th and 24th month time periods; up to nine (9) visits/\$180 maximum.
- \$10 Adult well-care visit: one per calendar year.

Visit absolutetotalcare.com for a complete list of rewards.

Car Seat, Stroller or Playpen

- Complete six (6) prenatal visits to qualify.
- Limit one per pregnancy.

Electric Breast Pumps

Members who are due to deliver within 12 weeks or have delivered within the past 30 days, or who had a NICU baby in the last 90 days qualify for this bonus reward.

Safe Sleep Kit

Includes sleep sack, pacifier, book and safe sleep educational materials for qualifying members.

Free Diapers

One package of diapers and wipes after completing each of the following visits:

- Six (6) week postpartum visit
- One (1) month infant well-visit
- Two (2) month infant well-visit
- Four (4) month infant well-visit
- Six (6) month infant well-visit
- Nine (9) month infant well-visit
- Twelve (12) month infant well-visit

Postpartum Meals

14 home-delivered meals at no cost for qualifying members.

Healthy Blue Pregnancy Benefits

Benefit	Description	Benefit Eligibility Criteria
Blue Book Club	Eligible members can receive \$35 Barnes & Noble gift card to purchase books for their child ages two years or younger.	<ul style="list-style-type: none"> Age: zero months-two years <p>**if the baby has Healthy Blue Medicaid as well</p>
Diapers for Babies	Free cases of diapers for babies, newborn through 15-months old – for getting their well-child check-up.	<ul style="list-style-type: none"> Age: zero months-15 months Person redeeming benefit must be caretaking for a child that requires diapers Must complete the baby's well-child visit in the first 15 months of life at PCPs and/or local public health agencies. <p>**if the baby has Healthy Blue Medicaid as well</p>
Sam's Club Membership	Eligible pregnant members can receive a free Sam's Club membership for attending at least 11 prenatal visits.	<ul style="list-style-type: none"> Must be a member at time baby is delivered Must go to 11 prenatal visits with first visit being on or before the 14th week of pregnancy <p>**if no one else in the household has redeemed the Sam's Club membership</p>
Car Seat Program	Free infant care seat for eligible pregnant moms for attending at least 11 prenatal visits.	<ul style="list-style-type: none"> Must be a member at the time baby is delivered Must go to 11 prenatal visits with first visit being on or before 14th week of pregnancy
Electric Breast Pump	Eligible new moms and pregnant members can receive a free electric breast pump.	<ul style="list-style-type: none"> Must be member at the time of pregnancy Must have breast pump prescriptions from an OB/GYN Must be at least 28 weeks pregnant-12 months postpartum
Home-delivered Meals	Eligible postpartum moms actively participating in a Maternity Care Management Program can receive free home-delivered meals.	<ul style="list-style-type: none"> Must be actively participating in Maternity Care Management Program Moms from delivery-12 months postpartum <p>Note: This is due to the Maternity Care Management Program being accessible to members until one year after birth.</p> <ul style="list-style-type: none"> Actively participating: Member must have two or more interactions in the specified care management program within the same benefit year (coaching call or classes).

Humana Pregnancy Benefits Forms

Medicaid Notification of Pregnancy Form



HumanaBeginnings™ Care Management Program phone: **866-432-0001 (TTY: 711)**, Monday - Friday, 8 a.m. - 8 p.m., Eastern time. Please return completed document and supporting clinical information (e.g., labs, imaging, health risk assessment, etc.) via fax at **833-441-0948** or via email at **SCMCDHumanaBeginnings@humana.com**. Timely pregnancy notification helps maximize the program benefit opportunities for our pregnant enrollees. The program provides telephonic education and support to enrollees from the onset of pregnancy through the first several weeks after birth, regardless of gestational age or risk status. We may provide additional support to enrollees who have complications or request further follow-up.

MEMBER/PATIENT INFORMATION

Humana member ID _____
 Last name _____ First name _____
 Date of birth _____ Phone _____
 Email address (if applicable) _____
 Address _____ City _____ State _____ ZIP _____

OBSTETRICIAN INFORMATION

Last name _____ First name _____ Phone _____
 Tax ID number (TIN) _____

CURRENT PREGNANCY (Please check all that apply)

Date of first prenatal visit _____ Planned delivery facility name _____
 LMP _____ Gravida _____ Para _____ Expected due date _____

- Normal pregnancy
- Multiple pregnancies
- Chronic conditions
- Preeclampsia/PIH
- Other (please describe) _____
- High-risk (please explain) _____
- Maternal age ≤ 18
- Maternal age ≥ 35
- Heart disease
- Asthma/COPD
- Diabetes
- Epilepsy
- Hyperemesis
- BMI > 30

- ### Behavioral health/social history
- Depression
 - Eating disorder
 - Anxiety
 - Bipolar disorder
 - Smokes/vapes/chemical inhalation
 - Substance use disorder
 - Other (please describe) _____
 - Social issues (if any) _____

OBSTETRICAL HISTORY (Please check all that apply to prior pregnancies)

- Pre-term labor/delivery; weeks gestation at birth _____
- Gestational diabetes
- Hyperemesis
- Previous uterine surgery (include date and explanation) _____
- Other (please describe) _____
- C-section
- Abruptio placenta
- ≤ 12 months between births
- Preeclampsia/PIH
- RH negative

Signature _____ Date _____

LC12062SC0821 (SCHLBRSEN0322)
 Humana Healthy Horizons in South Carolina is a Medicaid Product of Humana Benefit Plan of South Carolina, Inc.

Notification of birth form

Please complete form in its entirety and return it to the HumanaBeginnings™ Care Management Team
 Phone: **866-432-0001** | Email: **SCMCDHumanaBeginnings@humana.com** | Fax: **833-441-0948**

Patient Care Management Status

From		To	
Name	HumanaBeginnings Care Management Team	Name	_____
Phone	866-432-0001	Fax	_____
Fax	833-441-0948	Date	_____

To keep you informed, we are notifying you that your patient, _____

- Is participating with Humana Care Management
- Declined participation with Humana Care Management
- Is no longer enrolled in Humana Care Management
 Reason: _____
- Is unreachable. Feel free to reach out to our HumanaBeginnings Care Management Team for assistance with any gaps identified.
- Has been identified as low risk and not enrolled in program. Notify Care Management if services are needed.

Additional remarks about our contact with your patient:

Please let us know right away if your patient stops attending appointments. You can reach us at **866-432-0001**, Monday through Friday, 8 a.m. to 8 p.m., Eastern time. We can attempt to reach your patient to encourage her to attend all prenatal and postpartum appointments.

We also can assist you by providing:

- Resources for substance abuse or mental health concerns
 - A team of support nurses with an extensive background in maternal health support for your high-risk patient treatment plans
- Your patient can contact us at **866-432-0001**. She will benefit from having:
- **Reliable support** – a HumanaBeginnings nurse whom your patient can call throughout her pregnancy for support and education
 - **Extra resources** – help finding online and community parenting and pregnancy resources based on her needs

Thank you for your assistance and for the continued care you provide your Humana-covered patients.

Humana Beginnings Program*

If a Humana-enrolled patient chooses to take advantage of the services offered through Humana Beginnings:

- A personal maternity nurse will conduct an initial health assessment by telephone.
- The nurse works with the patient via scheduled phone calls throughout her pregnancy to provide education and support, to facilitate services and to refer her to additional resources, as needed.
- The resources may include information about prenatal classes, support for breastfeeding, special consideration for multiple births and well-being support.
- All expectant moms who enroll receive individualized support. Educational focuses include:
 - Healthy habits during pregnancy, including prenatal and postpartum care
 - Fetal development
 - Self-advocacy
 - Changes to expect during each phase of pregnancy
 - Creating a support structure and preparedness plan
 - Recognizing symptoms of prenatal and postpartum complications
 - What to expect during labor, delivery and the postpartum period



*Program manages members from onset of pregnancy up to 12 months postpartum.
The postpartum period begins at the end of confinement.

Molina Pregnancy Benefits

Pregnancy Program



If you are a Molina member and are pregnant:

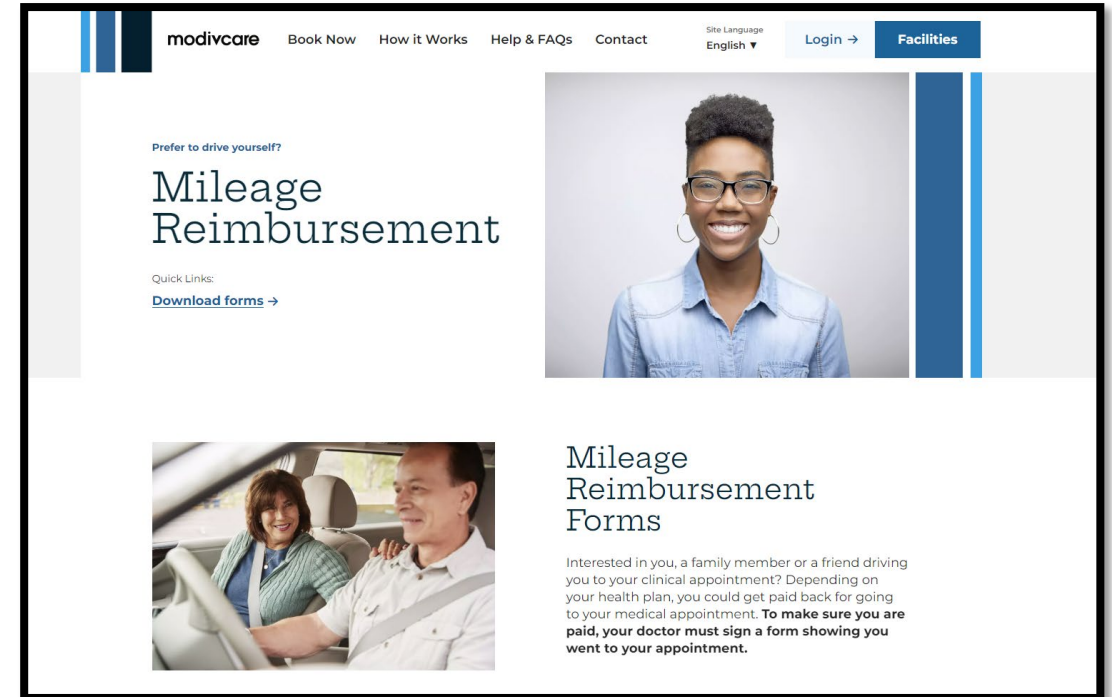
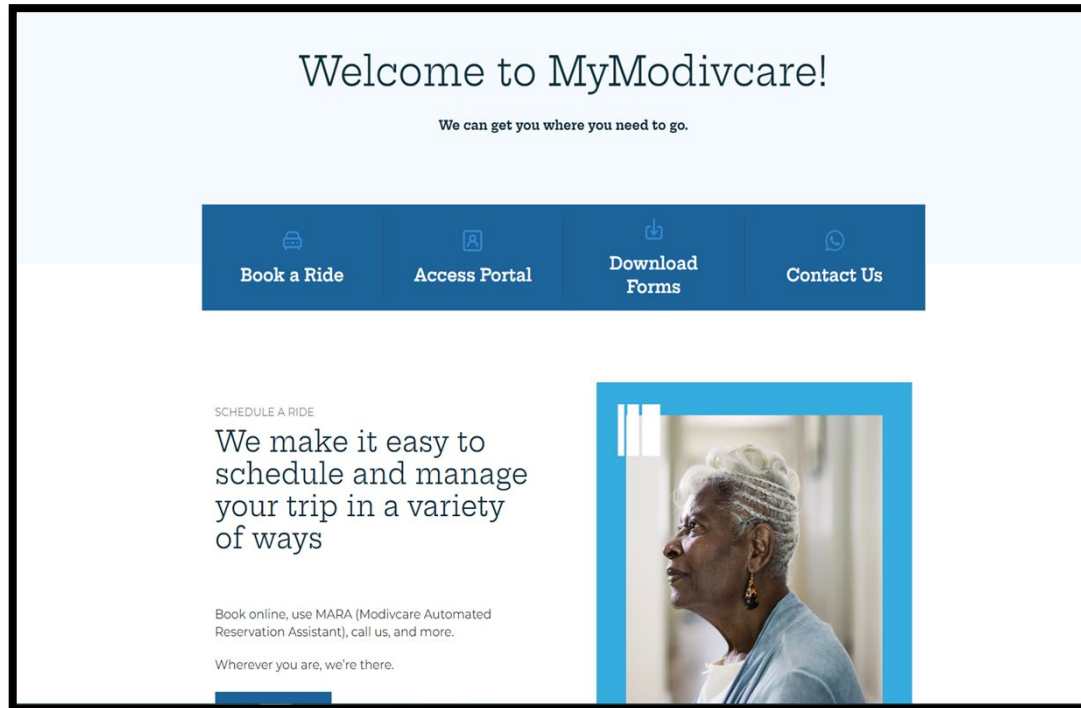
- See your provider when you first find out that you are having a baby.
- Do not miss any of your provider visits for prenatal care.
- The provider visits will help you to know how your baby is growing. They can help you get ready for your baby to be born.
- Your provider will be able to watch any problems that may come up while your baby is growing. We want you to have a healthy pregnancy and a healthy baby.
- As part of the program, you will also learn ways to stay healthy after your pregnancy.

If you are a Molina MCO member and want to enroll in the Pregnancy Program:

- Please call Member Services at (855) 882-3901, (TTY/TDD: 711).
- Please call the Health Management Department at (866) 891-2320 (TTY/TDD:711). Staff can give you more information. You may also ask for a referral or to enroll in the Pregnancy Program.

Providers can call (866) 891-2320 to request case management for members.

Transportation for Medicaid Members



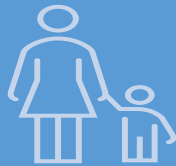
Modivcare: <https://www.mymodivcare.com/>

Notable Exceptions for the 3-Day Rule

Twelve (12) Months of Postpartum Coverage



Medical coverage for pregnancy now includes the 12-month postpartum period which begins either on the date of delivery OR the date the pregnancy ends.



Extends through the end of the month in which the 12-month period ends.



If a new pregnancy happens during this 12-month window, the time starts over with the end of the new pregnancy.



Retroactive coverage – If a pregnant woman was **eligible** in one or more months of the retroactive period, her **eligibility** can be established through the end of the postpartum period with no regard to income changes.



Physician Services Policy Updates for Oct. 1, 2023 (issued Sept. 8, 2023)

Medicaid Bulletin #23-044

Pregnancy Visits

SCDHHS is clarifying its current policy related to pregnancy visits by outlining two options providers can choose from to bill for an **initial pregnancy visit**.

- Providers may bill an initial visit for each pregnancy using the Current Procedural Terminology (CPT) evaluation and management (E/M) code. Under this option, a provider would bill for a new patient E/M code even if the Medicaid member is a patient of record at that practice. The claim must contain a pregnancy diagnosis code.

OR

- Providers may bill the appropriate E/M code that meets the CPT description for level of complexity when billing for initial or antepartum visits. The level of complexity must be documented in the patient's medical record. The claim must contain a pregnancy diagnosis code.

SCDHHS is clarifying there is **no visit limit** in place for pregnancy or postpartum care for full-benefit Healthy Connections Medicaid members. Additionally, **co-pays are currently suspended** for all E/M codes until May 2024 as announced in [Medicaid bulletin MB# 23-003](#).

South Carolina's Healthy Connections Medicaid managed care organizations (MCOs) are responsible for the coverage and reimbursement of services described in this bulletin for members enrolled in an MCO.

Updated policy language will be available in the [Physicians Services provider manual](#) by Oct. 1, 2023.

Providers should direct any questions related to this bulletin to the Provider Service Center (PSC). PSC representatives can be reached at (888) 289-0709 from 7:30 a.m.-5 p.m. Monday-Thursday and 8:30 a.m.-5 p.m. Friday. Providers can also submit an online inquiry at: <https://www.scdhhs.gov/providers/contact-provider-representative>.

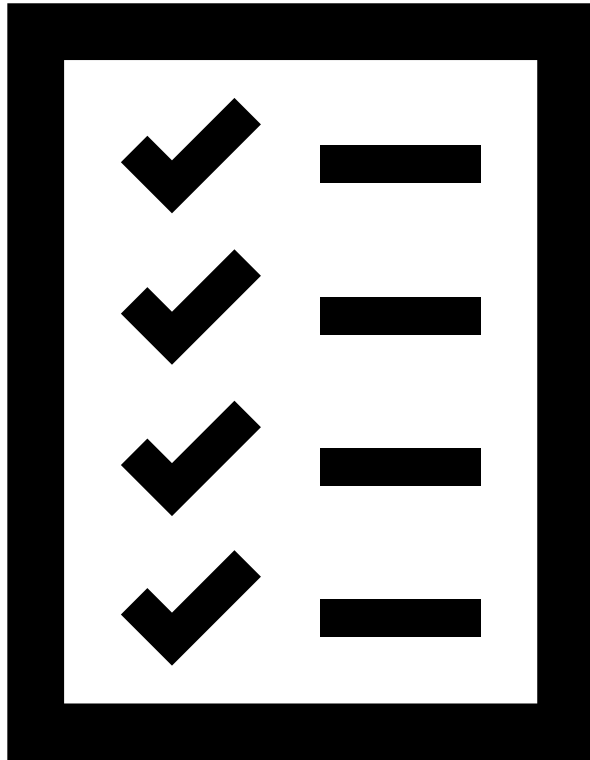
To receive bulletins in your inbox, sign up at <https://www.scdhhs.gov/communications>.

Access and Care Coordination

The Postpartum Learning Collaborative (PPLC) Affinity Group was completed in April 2023. South Carolina was awarded funding for two of the four postpartum care projects. These projects build on the work of the PPLC using Plan Do Study Act (also known as PDSA) cycles and data support to examine the needs of women.

- **Improving Postpartum Care for Black Pregnant and Postpartum People**, Constance Guille, MD, Medical University of South Carolina
- **Implementing Doula Care in Medicaid to Advance Racial Equity in Severe Maternal Morbidity**, Susan Kennedy, Academy Health

Measures SCDHHS Tracks



- Timeliness of initial visit for pregnancy
- Postpartum visits
- Contraceptive care
- Live births weighing less than 2,500 grams
- Well-child visit in the first 30 months of life
- Low-risk cesarean delivery
- Screening, brief intervention and referral to treatment (SBIRT)
- Emergency department visits

Focused Measures – HEDIS and CMS Core Set

HEDIS:

Prevention and Equity

• Women's Reproductive Health

- Prenatal Check-ups
- Postpartum Care
- Prenatal Immunizations

• Cancer Screening

- Breast Cancer Screening
- Cervical Cancer Screening

• Equity

- Race and ethnicity of members

• Other Preventative Services

- Chlamydia screening

2023 and 2024 Core Set of Maternal and Perinatal Health Measures for Medicaid and CHIP (Maternity Core Set)

To support CMS's maternal and perinatal health-focused efforts, CMS identified a core set of 9 measures for voluntary reporting by state Medicaid and CHIP agencies. This Core Set, which consists of 6 measures from the Child Core Set and 3 measures from the Adult Core Set, will be used by CMS to measure and evaluate progress toward improvement of maternal and perinatal health in Medicaid and CHIP.

NQF #	CMS Core Set	Measure Steward	Measure Name	Data Collection Method
1382	Child	CDC	Live Births Weighing Less Than 2,500 Grams (LBW-CH)	State vital records
1392	Child	NCQA	Well-Child Visits in the First 30 Months of Life (W30-CH)	Administrative
1517*	Child	NCQA	Prenatal and Postpartum Care: Timeliness of Prenatal Care (PPC-CH)	Administrative or hybrid
1517*	Adult	NCQA	Prenatal and Postpartum Care: Postpartum Care (PPC-AD)	Administrative or hybrid
2902	Child	OPA	Contraceptive Care – Postpartum Women Ages 15 to 20 (CCP-CH)	Administrative
2902	Adult	OPA	Contraceptive Care – Postpartum Women Ages 21 to 44 (CCP-AD)	Administrative
2903/ 2904	Child	OPA	Contraceptive Care – All Women Ages 15 to 20 (CCW-CH)	Administrative
2903/ 2904	Adult	OPA	Contraceptive Care – All Women Ages 21 to 44 (CCW-AD)	Administrative
NA	Child	CDC	Low-Risk Cesarean Delivery (LRCD-CH)	State vital records

More information on Updates to the 2023 and 2024 Child and Adult Core Health Care Quality Measurement Sets is available at <https://www.medicaid.gov/medicaid/quality-of-care/performance-measurement/adult-and-child-health-care-quality-measures/childrens-health-care-quality-measures/index.html> and <https://www.medicaid.gov/medicaid/quality-of-care/performance-measurement/adult-and-child-health-care-quality-measures/adult-health-care-quality-measures/index.html>. A resource that provides a history of the measures included in the Child and Adult Core Sets is available at <https://www.medicaid.gov/medicaid/quality-of-care/downloads/core-set-history-table.pdf>.

* This measure is no longer endorsed by NQF.

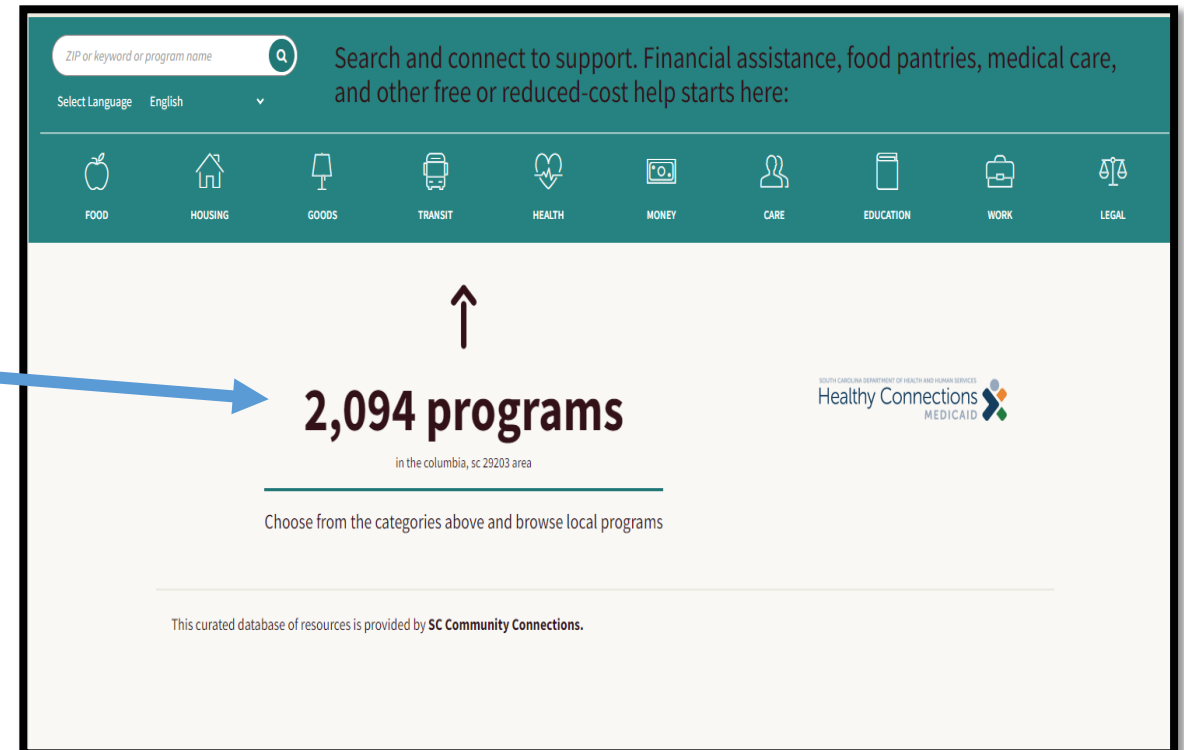
CDC = Centers for Disease Control and Prevention; CHIP = Children's Health Insurance Program; CMS = Centers for Medicare & Medicaid Services; NCQA = National Committee for Quality Assurance; NQF = National Quality Forum; OPA = U.S. Office of Population Affairs.

The complete list of 2023 and 2024 Child Core Set measures is available at <https://www.medicaid.gov/medicaid/quality-of-care/downloads/2023-child-core-set.pdf>.

The complete list of 2023 and 2024 Adult Core Set measures is available at <https://www.medicaid.gov/medicaid/quality-of-care/downloads/2023-adult-core-set.pdf>.

SCDHHS Community Resource Link

www.scdhhs.gov/communityconnections



Contact Information

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